

...mainly because the busy-ness of writing and publishing is just one part of everything I do here.

(This is available to read in your browser <https://calm.li/LiveSensicalUpdate001>)

Hi again,

Going through all my subscribers today was an interesting exercise. Many of you are interested in several things I talk about, and some of you may have slipped in the cracks - so this may be an email out of the blue, perhaps.

The Overall Scene -

I may have mentioned you before that a way to analyze any body of data and build your own workable world-view is to look for these four points: Philosophy, Principles, Patterns, and Products.

Philosophy is defined as "appreciation for things that work." *Principles* are core, repeating data that keep showing up. *Patterns* are like systems, where the principle inter-relate regularly (like recipes) and *Products* are the end result. These four, together, will let you sort out any data.

Added to this is when you get to the point where you aren't learning anything new. Of course, you can always keep attending something for the social benefits, or just being entertained by someone else's journey, which are both just fine. Otherwise, it's time to find another mentor - or something else you're interested in.

A Working Universal System -

Boiling down the universe into a simple system is easier than it sounds, since Nature does this all the time. Agriculture is mostly a study of how to duplicate or build (or shortcut) on what Nature does already. So a little observation will start showing you systems.

Self-improvement can be boiled down to a few commonalities between all the actual and self-proclaimed "guru's" out there. And my recommended approach is to study those authors who are still popular long after they've passed on. Jim Rohn, Napoleon Hill, Earl Nightingale, and some others. When you study their material, you'll find that they have many common ideas that they share over and over. From those principles, you can develop systems (patterns) for use in your life and test them to see if they are workable for you (philosophy) and actually help you to improve your life (products.)

When you do this, you'll develop a viable world view that holds up under almost all circumstances life can throw at you. Zen, and all that - if you want to take it that far.

(My own study of that came up with "*How to Make Yourself Great Again*" AKA "*The Art of Wonk*." [Books](#) | [Podcast](#).)

Working Systems are Sensical -

That's the basic premise of Living Sensical - to enable people to define their own life-systems.

This last year, I've been devoted to simply writing fiction and testing this for a viable passive income production line. It's been fun, but hasn't become viable on its own - yet.

It does point out the necessary value of marketing - which is simply finding and persuading various existing groups of people who want something to exchange with you for servicing that want.

In my own terms, that's: Mind, Body, Value, Purpose. And these elements have many, many names. Each also have their own patterns and principles that guide them. So it's a very deep rabbit hole that runs as a rabbit warren in many different directions.

Upcoming Challenge For Next Year -

This next year will be working up sets of books, audio, and courses to help anyone learn and expand into these areas. The overall goal will be to finalize the last areas of Body (ag-related) and Purpose (tons of inspirational material) into formats that can be readily consumed.

A preview of this is in my book "Backwards Book Publishing" that lays out how to take any area you are interested in and develop this into useful material people can use. And support you with their payments (or at least delivered good wishes.)

There's already a ton of free material on the livesensical.com site for ready use.

And some courses at becomingawriter.thinkific.com for any into writing.

The articles on self-improvement roll out nearly 7 days a week now, and are an full education by themselves.

What's left is streamlining these to make them actionable for you personally.

And that is what's coming up.

So - Thanks.

I just wanted to thank you for being part of this journey. This is already too long, and I hope to have more useful material for you soon, where I can simply leave links to articles.

Here's some to check out:

[Recent articles on writng.](#)

[The Great Fiction Writing Challenge](#) (all 39 weeks of it...)

[New Books in the Library](#)

[New Fiction Releases](#)

And check out the menu bar on these pages for all sorts of other ways to find great material.

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Hope to talk to you soon in a couple of weeks.

Thanks again.

Robert

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