

The Strangest Secret Course Video 10 Handout



An outstanding medical doctor recently pointed out six steps that will help you realize success:

1. Give yourself a definite goal.
2. Quit running yourself down.
3. Stop thinking of all the reasons you cannot be successful and instead, think of all the reasons why you can.
4. Trace your attitudes back through your childhood and try to discover where you first got the idea you couldn't be successful - if that's the way you've been thinking.
5. Change the image you have of yourself by writing out the description of the person you'd like to be.
6. Act the part of the successful person you have decided to become.

The doctor who wrote those words is the noted West Coast psychiatrist, Dr. David Harold Fink.

Do what the experts since the dawn of recorded history have told you you must do. Pay the price - by becoming the person you've

Visit <http://livesensical.com/go/nightingale> for more audio - or <https://livesensical.com/go/nightingale-books/> for more books.

The Strangest Secret Course Video 10 Handout - 2

wanted to become. It's not nearly as difficult as it is living unsuccessfully.

Make your 30-day test, then repeat it... then repeat it again. Each time it will become more a part of you until you'll wonder how you could have ever have lived any other way.

Live this new way and the flood-gates of abundance will open and pour over you more riches than you may have dreamed existed. Money? Yes, lots of it.

But what's more important, you'll have peace ... you'll be in that wonderful minority who lead calm, cheerful, successful lives.

Start today. You have nothing to lose - but you have your whole life to win.

Action Steps:

1. Look at your goal card again.
2. If you haven't already, quit running yourself down.
3. Stop thinking of all the reasons you cannot be successful and instead, think of all the reasons why you can.
4. Trace your attitudes back through your childhood and try to discover where you first got the idea you couldn't be successful - if that's the way you've been thinking.
5. Change the image you have of yourself by writing out the description of the person you'd like to be.
6. Act the part of the successful person you have decided to become.

Visit <http://livesensical.com/go/nightingale> for more audio - or <https://livesensical.com/go/nightingale-books/> for more books.

The Strangest Secret Course Video 10 Handout - 3

Video 1 Course Lesson Supplement

Books and Podcasts Recommended for Study with This Course

How to Completely Change Your Life book series/podcast

Think and Grow Rich library/podcast

Magic of Believing library/podcast

Wake Up and Live! podcast

If You Can Count to Four library/podcast

Related / Referenced Books in our Library

How to Get Rich In Spite of Yourself books

Wallace Wattles' Science of Getting Rich books

Earl Nightingale books

Napoleon Hill books

Claude M. Bristol books

Dorothea Brande books

Joseph Murphy books

Copywriting books

Visit <http://livesensical.com/go/nightingale> for more audio - or <https://livesensical.com/go/nightingale-books/> for more books.