

The Strangest Secret Special Edition Course Video 7 Handout



Let's go over the important points and the price each of us must pay in order to achieve the wonderful life that can be ours. It is, of course, worth any price.

1. You will become what you think about.
2. Remember the word "Imagination" and let your mind begin to soar.
3. Courage - concentrate on your goal every day.
4. Save ten percent of what you earn, and
5. Action - ideas are worthless unless we act on them.

Now, I'll try to outline the 30 day test I'd like you to make. Keep in mind that you have nothing to lose in making this test and everything you could possibly want to gain.

There are two things that could be said of everyone: each of us wants something, and each of us is afraid of something.

I want you to write on a card what it is you want more than anything else. It may be more money. Perhaps you'd like to double your income or make a specific amount of money. It may be a beautiful home. It may be success at your job. It may be a particular position in life. It could be a more harmonious family. Each of us wants something.

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Write down on your card specifically what it is you want. Make sure it's a single goal and clearly defined. You needn't show it to anyone, but carry it with you so that you can look at it several times a day.

Think about it in a cheerful, relaxed, positive way each morning when you get up, and immediately you have something to work for - something to get out of bed for, something to live for.

Look at it every chance you get during the day and just before going to bed at night. As you look at it, remember that you must become what you think about, and since you're thinking about your goal, you realize that soon it will be yours. In fact, it's really yours the moment you write it down and begin to think about it.

Look at the abundance all around you as you go about your daily business. You have as much right to this abundance as any living creature. It's yours for the asking.

Now we come to the difficult part. Difficult because it means the formation of what is probably a brand-new habit, and habits are not easily formed:

Stop thinking about what it is you fear.

Each time a fearful or negative thought comes into your mind, replace it with a mental picture of your positive and worthwhile goal. And there will come times when you'll feel like giving up. It's easier for a human being to think negatively than positively - that's why only five percent are successful! You must begin now to place yourself in that group.

For 30 days, you must take control of your mind. It will think about only what you permit it to think about. Each day for this thirty-day test, do more than you have to do. In addition to maintaining a cheerful, positive outlook - give more of yourself than you've ever done before. Do this, knowing that your returns in life must be in direct proportion to what you give. The moment you decide on a goal to work for, you are immediately a successful person.

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You are then in that rare and successful category of people who know where they are going. Out of every hundred people, you belong to the top five. Don't concern yourself too much with HOW you're going to achieve your goal - leave that completely to a power greater than yourself. All you have to know is WHERE you're going. The answers will come to you of your their own accord, and at the right time.

Remember these words from the Sermon on the Mount - and remember them well. Keep them constantly before you this month of your test:

"Ask, and it shall be given you. Seek, and ye shall find.

Knock, and it shall be opened unto you.

For every one that asketh, receiveth.

And he that seeketh, findeth.

And to him that knocketh, it shall be opened."

It's as marvelous and as simple as that. In fact, it's so simple that in our seemingly complicated world, it's difficult for an adult to understand that all he needs is a purpose and faith.

For 30 days, do your very best. Go at it as you've never done before. Not in a hectic fashion - but with a calm, cheerful assurance that time well spent will give you the abundance and return you deserve and want. Devote your thirty-day test to completely giving of yourself without thinking of giving anything in return - and you'll be amazed at the difference it makes in your life. No matter what your job, do it as you've never done it before - for 30 days. And if you've kept your goal before you every day, you'll wonder and marvel at this new life you've found.

Dorothea Brande, the outstanding editor and writer discovered it for herself and tells about it in her fine book, "Wake Up and Live". Her entire philosophy is reduced to the words: "*Act as if it were impossible to fail.*" She made her own test, with sincerity and faith - and her entire life was changed to one of overwhelming success.

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Takeaways:

- There are two things that could be said of everyone: each of us wants something, and each of us is afraid of something.
- Write down on your card specifically what it is you want. Make sure it's a single goal and clearly defined. You needn't show it to anyone, but carry it with you so that you can look at it several times a day.
- Look at it every chance you get during the day and just before going to bed at night. As you look at it, remember that you must become what you think about, and since you're thinking about your goal, you realize that soon it will be yours.
- Stop thinking about what it is you fear. Each time a fearful or negative thought comes into your mind, replace it with a mental picture of your positive and worthwhile goal.
- In addition to maintaining a cheerful, positive outlook - give more of yourself than you've ever done before. Do this, knowing that your returns in life must be in direct proportion to what you give. The moment you decide on a goal to work for, you are immediately a successful person.

Actions Steps:

1. Get a small card that will fit into a pocket or your wallet, and write down a single goal on it. Make sure it's clearly defined.
2. Make a habit of carrying this card with you to work, and take it out so you can look at it several times daily.
3. Put this on your nightstand (or make another copy just for that area if you want).

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4. Each time you look at that goal card, consider that it's already achieved and get the happy feeling of that accomplishment.
5. Throughout the day, give more to your work and everyone around you than you've ever done before, knowing that your returns are in direct proportion to what you give.

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